



# aspire MEAL WALKERS

MEAL WALKER



MEAL TROLLEY



Thank-you for choosing this Aspire Meal Walker or Meal Trolley.

This product has been specifically designed to offer support, safety and convenience when transporting meals indoors.

Meal Walkers and Trolleys are height adjustable and are suitable for use on predominantly flat, even, indoor surfaces.

**It is important that you read this user manual carefully before using your new walker.**

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# 1. PRODUCT SPECIFICATIONS



## MEAL WALKER

Sturdy & robust walking aid for use within the home, providing a means of transporting meals or other items from one room to another

Large 6" wheels make it easier to negotiate carpets and door thresholds

Lockable hand brakes provide additional safety when rising from a seated position

Clip on plastic trays with outer lip edge to capture spillage and prevent items from slipping off

Height adjustable handles

Easy clean frame & food trays

Tool free assembly

## MEAL TROLLEY

Sturdy & robust meal transport trolley, providing a means of transporting meals or other items from one room to another

3" castors with two locking to hold the trolley in place

Clip on plastic trays with outer lip edge to capture spillage and prevent items from slipping off

Height adjustable in one inch increments

Easy clean frame & food trays

Tool free assembly

### MEAL WALKER - DLG272061

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	LOWER TRAY HEIGHT	UPPER TRAY HEIGHT	TRAY WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
770 - 920mm	560mm	585mm	430mm	696mm	450mm	6"	8kg	125kg

### MEAL TROLLEY - DLG272060

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	LOWER TRAY HEIGHT	UPPER TRAY HEIGHT	TRAY WIDTH	CASTOR SIZE	UNIT WEIGHT
810 - 937mm	503mm	460mm	351-478mm	615-740mm	450mm	3"	6kg

# 2. INSTRUCTIONS FOR USE

## APPLYING BRAKES

### Meal Walker model only

Aspire Meal Walkers feature ultra soft touch brakes - very little force is required to engage the brake lock. Always use the handles, not brake levers, to support body weight.

1. Pull the hand brake up towards the palm of your hand creating a fist

2a. Push the hand brake down gently until lock activates. This can be done with as little as 2.5kg of pressure

2b. To release the brake, push the hand piece back towards the grip



2a

2b



## BRAKE ADJUSTMENT

1. A tension adjustment nut is located at the point where the brake cable inserts into the brake handle (refer to image 1). There is also a tension adjustment at the other end of the brake cable where it inserts into the brake mechanism near the rear wheel (refer to image 2).

These adjustment nuts can be used to tighten the cable (if brakes are loose or not working normally) or loosen if brakes are too tight and not allowing the rear wheels to roll freely.

2. Brakes are adjusted to the optimal tension during manufacturing and should not require adjustment when new. Over time as rear wheels wear and reduce in diameter, brakes can and will become loose and may need to be tightened

1



2



## ADJUSTING HANDLE HEIGHT

1. Undo hand wheel
2. Reposition handle to appropriate height
3. Reinsert hand wheel and tighten



## MEAL WALKER

### ASSEMBLY INSTRUCTIONS

1. Remove from box and locate frame, 4 x legs with wheels attached, 4 x c-clips, 2 x trays and 2 x handles with brakes attached.
2. Insert front legs (without brakes) into the front of the frame. The front of the frame has vertical uprights. Secure by inserting c-clips.
3. Insert rear legs with brake cables attached into the rear of the frame. The rear of the frame has horizontal uprights. Secure by inserting c-clips.
4. Insert handle tubes into receiver posts. Select desired height and secure in place by inserting and tightening hand wheels.
5. Clip trays in place.

## 3. CARE & MAINTENANCE

### MAINTENANCE SCHEDULE

Weekly	Periodically	Yearly	Serviceable Components
<ul style="list-style-type: none"><li>• Check brakes* for malfunction</li><li>• Check all wheels and castors for loose bolts &amp; nuts</li></ul>	<ul style="list-style-type: none"><li>• Check handgrips for wear</li><li>• Check frame bolts are secure</li><li>• Check front and rear axle bolts are secure</li><li>• Check for wear or cracks</li><li>• Check wheels for splitting or damage</li></ul>	<ul style="list-style-type: none"><li>• Once a year take your walker to an authorised repairer for a full check, clean, service and lubrication of all moving parts</li></ul>	<ul style="list-style-type: none"><li>• Wheels</li><li>• Hand grips</li><li>• Brake Cables*</li><li>• Brake Handles*</li><li>• Bearings</li><li>• Bolts and Nuts</li></ul>

*\*Note: If applicable*

## 4. WARNINGS

1. Do NOT exceed the Safe Working Load
2. Do NOT sit or stand on this product
3. NEVER transport scalding hot meals or liquids
4. Use EXTREME CAUTION when transporting hot meals or liquids
5. Ensure both push handles are adjusted to the same height
6. Seek advice from a trained health care professional or approved Aspire representative for height adjustment
7. Do NOT use in place of a wheelchair or patient transport device
8. Do NOT attempt to replace the wheels or castors. If they are faulty or require replacement please contact an authorised repairer

## MEAL TROLLEY

### ASSEMBLY INSTRUCTIONS

1. Remove from box and locate frame, 4 x legs with castors attached, 4 x c-clips and 2 x trays.
2. Insert legs into frame and secure by inserting c-clips.
3. Clip trays in place.

## 5. COMPLIANCE

The Aspire range is manufactured to strict quality control standards.

As part of Australian Standards compliance, safety stickers are located on the frame. Please ensure that you familiarise yourself with these prior to use.

This product complies with Australian Standards ISO11199-2:2005. As the importer of this product, Aidacare maintains records of all testing reports and compliance certificates. All testing was completed by Novitatech.

Novitatech is an independent NATA accredited laboratory and is widely acknowledged as the leading provider of safety testing services for walkers and mobility products in Australia.

## 6. WARRANTY

Aidacare provides a 12 month warranty subject to reasonable wear and tear. Aidacare is bound by Australian Consumer Law in respect to "Warranty Against Defects" on this product. A copy of the Aidacare "Warranty Against Defects" Statement is available on our homepage ([www.aidacare.com.au](http://www.aidacare.com.au)). Any contact pertaining to warranty matters should be directed to Aidacare Customer Service on 1300 133 120 where support will be provided.

Should any part of the product break, fatigue or show defects due to manufacturing issues or error, Aidacare will replace the affected components free of charge and reserves the right to replace the entire product should this be more economical for Aidacare. All warranties are back to base, which requires the user to return the product or the affected part to an Aidacare Service Centre. For the location of your nearest service centre call 1300 133 120.

For all warranty claims, proof of purchase must be provided by the customer. Aidacare warranty does not cover any product or component damaged or broken due to neglect or misuse. Aidacare does not honor this warranty for any product that has been modified from its original state. Aidacare will bear no freight costs for the return of any items under warranty.

The suggested service period is every 12 months.

## 7. SERVICE MAINTENANCE & CUSTOMISATION

To arrange a service or customisation please call Aidacare on 1300 133 120.



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